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### **Reference List Examples (APA 7th Edition)**

The following examples are formatted based on common sources found in the APA Style guide:

**Journal Article** Niepel, C., Hausen, J. E., Weber, A. M., & Möller, J. (2025). Understanding mean-level and intraindividual variability in state academic self-concept: The role of students' trait expectancies and values. *Journal of Educational Psychology, 117*(5), 772-788.

<https://doi.org/10.1037/edu0000946>

**Authored Book** Levenson, H., Jinich, S., Vaz, A., & Rousmaniere, T. (2025). *Deliberate practice in emotionally focused couple therapy*. American Psychological Association.

<https://doi.org/10.1037/0000436-000>

**Edited Book Chapter** Zeleke, W. A., Hughes, T. L., & Drozda, N. (2020). Home-school collaboration to promote mind-body health. In C. Maykel & M. A. Bray (Eds.), *Promoting mind-body health in schools: Interventions for mental health professionals* (pp. 11-26). American Psychological Association. <https://doi.org/10.1037/0000157-002>

**Report by a Group Author** World Health Organization. (2025). *Global report on neglected tropical diseases*. <https://iris.who.int/server/api/core/bitstreams/9c4655d8-3671-4503-ae51-4a80bb44d5e0/content>

**YouTube Video** Above The Noise. (2017, October 18). *Can procrastination be a good thing?* [Video]. YouTube. <https://www.youtube.com/watch?v=FQMwmBNNOnQ>

**Webpage on a News Website** Volpe, A. (2024, June 3). *How the self-care industry made us so lonely*. Vox. <https://www.vox.com/even-better/350424/self-care-isolation-loneliness-epidemic>